

## BLOCK OF THE MONTH - August - "May Flower Block"

Blocks will be selected at the August meeting. Please email a photo of your block to Paula before the meeting. After the winning block is selected you will then mail your block to the winner. Paula can put photos of all the entries on our Northwest Quilters Facebook page.

Fabric Choices: Flower – choose a bright pink, orange or red  
 Leaf – bright green  
 Center – yellow  
 Background – choose white or off-white

Flower:

A – 3 1/2" x 3 1/2" Cut 4

Leaf:

B – 1 1/2" x 1 1/2" Cut 8

Center:

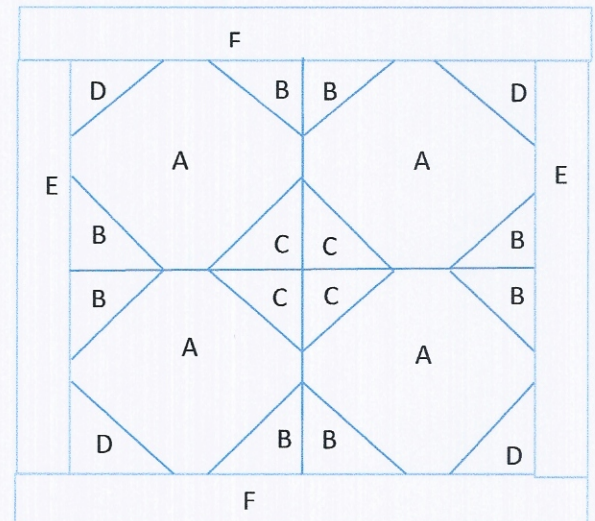
C – 1 1/2" x 1 1/2" Cut 4

Background:

D – 1 1/2" x 1 1/2" Cut 4

E – 1 1/2" x 6 1/2" Cut 2

F – 1 1/2" x 8 1/2" Cut 2



### Make the Flower Sections

Start with the A square. Use the flip and turn method to sew two B squares to opposite corners of A square. Again using the flip and turn method, add C square to one of remaining corners and then D square to last corner. Repeat for remaining three A squares. Sew completed flower squares together following diagram.

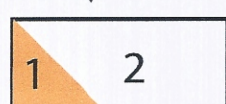
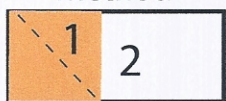
### Add Border

Sew E rectangles to opposite sides, then sew F rectangles to remaining sides.

Finished size: 8 1/2" x 8 1/2" to make 8" quilt block.

Credit - Diane Knott on [mybluprint.com](http://mybluprint.com)

Flip and Turn  
Method



Quilters abbreviations:  
 RST = Right Sides Together  
 HST = Half Square Triangle

If you have questions, please email Paula Connell at [paulaconnell@hotmail.com](mailto:paulaconnell@hotmail.com)

